



TIRUMALA ENGINEERING COLLEGE

An ISO 9001:2015 Certified Institution, Accredited by NAAC & NBA

(Approved by AICTE & Affiliated to JNTU Kakinada)

Jonnalagadda, Narasaraopet Guntur - 522601, Dist. A.P. Website:tecnrt.org. E-mail:tecnrt@gmail.com

A REPORT ON CLEAN HOSTEL DAY BY GIRL STUDENTS

NSS UNIT TEC



A REPORT ON CLEAN HOSTEL DAY BY GIRL STUDENTS

LOCATION: TIRUMALA ENGINEERING COLLEGE GIRLS HOSTEL

NUMBER OF STUDENTS: 57

DATE: 30-04-2021



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Cleanliness is important in order to stay healthy and away from diseases. Students learn general hygiene at home itself but once they start staying in a hostel, cleanliness becomes mandatory to follow. Amidst numerous other students and their habits, it is too difficult to adapt oneself and maintain personal as well as public hygiene at all times.

Let's see the different ways to stay clean in a hostel.

1. Washing Clothes regularly Cleanliness arises from maintaining personal hygiene. Washing clothes regularly keeps germs at bay and keeps your body healthy and fresh. Bed sheets, pillow covers, socks, tee shirts or tops must be cleaned regularly.
2. Keeping eatables in a packed jar. All edible items must be kept inside a packet or a container. Food should not be loitered around the room. This spreads flies and diseases caused by them. Clean room increases concentration, relaxation and boosts energy.
3. Keeping Yourself Clean Before cleaning your room, clean yourself. Taking showers daily, washing your hands before and after every meal is must to remove dirt and germs from body. Keep yourself groomed to look better and gain confidence.
4. Removing the clutters Items might be cluttered inside your room, so it is your responsibility to removing the clutters and keep things in an organized way. This helps you maintain cleanliness along with staying fit and strong.
5. Dusting the room If you find your room to be disorganized or unclean, you can dust the dirt the off by putting in some effort on some day. It is your duty to keep your surroundings clean as well.
6. Use Dustbins: Dustbins are often found inside or outside hostel rooms, thus these are meant to be used and not just as a showpiece. You should learn to throw unwanted things inside the dustbin instead of dumping on the grounds and making your space unclean and dirty.
7. Use Tissue papers/Disposable plates and cups In order to maintain cleanliness, students must use tissue papers to clean hands, face or any other surface to remove dirt and germs. Similarly, instead of dumping plastic plates and cups in the mess, use disposable ones to save the environment and keeping it clean.

Tirumala Engineering College insists for maintaining hygiene in and around. NSS UNIT TEC focuses on maintenance of hygiene in hostel also. It instructs all the students to follow the self



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cleanliness and hostel cleanliness. As a part of the above NSS UNIT TEC conducted a program called “**CLEAN HOSTEL DAY**” for girl students who are staying in girl’s hostel of the institution in the campus. This program involves in cleaning of the surroundings of the hostel, maintenance of the rooms, usage of dustbins, Dusting of the rooms etc.

All the students in the hostel are actively participated in the program with commitment and dedication. They have cleaned the hostel surroundings along with the faculty and hostel warden.



Principal, NSS Coordinators and hostel warden along with students participating in the program



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NSS Program coordinator and NSS Program officer cleaning the surroundings of the hostel



Principal sir is giving instructions to NSS Program coordinators at hostel.



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Students, NSS staff, warden along with principal of TEC

Motto of the program is :

“Stay clean and keep diseases away. Enjoy hostel life by being a bit responsible too!”